



**TOUCHFITNESS**  
INFORMATIVE BODYWORK

**MASSAGE THERAPY & WELLNESS**

## **TERMS OF SERVICE**

### **MASSAGE POLICIES**

**Our policies are designed for your maximum benefit by providing the most informative and rewarding massage session possible. These terms of service are subject to change.**

**Sherrin Bernstein, LMT**  
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**917-415-6539**

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**New York, NY 10017**

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**touchfitness@mac.com**  
**www.touchfitness.com**

## **Massage Appointments**

- 1. Massages by Appointment Only.**
- 2. Physician's written approval may be required prior to appointment.**
- 3. Twice weekly minimum suggested for acute problems.**
- 4. Once weekly for chronic problems.**
- 5. Once monthly for maintenance.**
- 6. Allow 30 minutes between workouts or meals and your appointment.**
- 7. Please refrain from consuming caffeinated and alcoholic beverages prior to appointments.**
- 8. Please refrain from wearing perfumes before appointments.**
- 9. Pre-payment required to reserve a preferred schedule.**
- 10. Appointments strictly adhered to.**
- 11. 24hr cancellation required to avoid full charge for missed appointments.**

## **Expirations**

- 1. Massage: Five Packs good 5 months. Ten Packs good 15 months.**
- 2. Gift Certificates available and good 1 year from date of purchase.**
- 3. \$25 charge for holding expirations 1 month.**

## **Payment Terms**

- 1. Cash and checks accepted. Please make checks payable to Touch Fitness, Inc.**
- 2. Cash payments expected on day of first appointment.**
- 3. No cash refunds. Payments are non-refundable.**
- 4. Sales tax of 8.25% included in all rates as required by New York State law.**
- 5. Gratuities not included and graciously accepted.**
- 6. Receipts available for insurance plans and flexible spending accounts.**
- 7. Prior written insurer approval required for coverage.**
- 8. \$25 charge for transferring session packages.**
- 9. \$20 charge for returned checks.**

## **Additional Services**

- In-Home Massage • Stress-Reduction Workshops**
- Event Massage • Chair Massage for Corporations or Health Fairs**